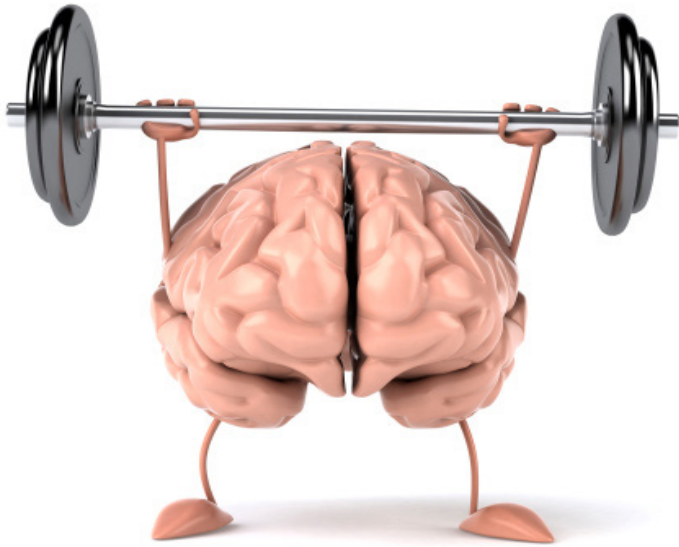


CHAMPION MINDSET



ABOUT

The move towards *Independent Learning* requires a different level of motivation and skill and this program takes the students through the mental transition and what is required for them to perform at their peak. During the final stages before Higher Education, this program aims to give further tools to maintain focus in sixth form or college.

DELIVERY METHOD

Discussions, PowerPoint presentation, exercises and games in a FUN, CREATIVE and INSPIRATIONAL way

MOTIVATION

The CHAMPION Mindset
managing their thoughts and emotions

Emotional Intelligence And Belief System
teaching them to create positive beliefs

Looking Ahead Motivation
for higher education and the future

Goals and aspiration
setting goals towards a brighter future

STUDY SKILLS

Prioritising and Time management
managing time effectively

Accelerated Learning and Memory
applying memory techniques

Stress Management
managing the stress and pressure of exams

“It was fantastic! It has really helped me and now I will look at aiming higher” - [Student] Great Sankey High School, Warrington



FIXUP SEMINARS

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